# **Push-UP Challenge**



This challenge will run from May18 - 31, 2020. It will end on Sunday, May 31 at 10:00pm.

## **Object of the Challenge:**

See how many Push-UPs you can do in 1 minute. Once you finish the challenge answer the questions on the google form and submit your answers (ask your parents for help). We will update the scores at the beginning of each day. Check back often to see how you are doing. You can take the challenge more than once if you would like. And if you beat your previous score make sure you submit another google form so we can have your updated numbers.

### Age Groups:

5-7 years 8-9 years

10-11 years

12-14 years

#### Prize:

The person with the highest score in each age group will receive \$5.00 Park Bucks that can be used on the next Parks and Recreation activity you sign up for.

+Make the challenge more fun when you (your parents) tag your friends on facebook (parents account) and invite them to try and score higher than you.

# Submit your Push- Up's here:

https://drive.google.com/open?id=1zSGJGTaLJzQqQuym3SBqQVsQLMJiPvrJ9zil5mzN29k